



## Uniform Guidance and Expectations

### Clothing:

- Plain mid grey school skirt, full-length trousers or tailored shorts (not black)
- Plain white conventional or polo shirt or the "County Upper" polo shirt (September to Easter)
- "County Upper" polo shirt (Summer term). Shirts to be worn tucked in.
- "County Upper" pullover (compulsory from September to Easter)
- Hoodies are not to be worn on site at any time -they will be confiscated if worn and returned to a parent on collection or returned to the student at the end of the half term.
- Students can wear any item under their shirt (white, if visible) for additional warmth and/or a coat (not sweatshirt) over their jumper to, from and around school and at break and lunchtimes. Coats are not to be worn in tutor or lesson times. Hats may not be worn inside the buildings.

### Footwear:

- Black, sensible, safe, suitable school shoes (not trainers) – note that Doc Martin Shoes and Kickers **shoes** are allowed as a form of long lasting, supportive shoe.
- Shoes with sports branding such as 'Nike' or 'Adidas' are not permitted.
- Canvas shoes and plimsolls (including leather style plimsolls) may not be worn.
- The school holds a stock of shoes to be issued to students as an interim measure when students are unable to wear their school shoes (eg shoe is broken or lost)
- Guidance from Suffolk Podiatry Service is that orthotics can be worn with supportive lace up shoes and indeed that the wearing of lace up supportive shoes are appropriate for the majority of foot conditions to help rectify the temporary condition. Therefore, any requests to wear trainers for medical reasons must be accompanied by a medical letter from the practice that has identified that shoes are not suitable for the condition, this should also include a review date.

### PE Kit:

- Bury Sports Trust navy shorts or Bury Sports Trust skort
- Bury Sports Trust navy polo shirt
- Bury Sports Trust navy socks
- Correct footwear (trainers/studs)
- Students are permitted to wear navy or black base layers. If girls may wear leggings alone however they **MUST** be the County Upper Navy Leggings. It is recommended students have the County Upper navy long sleeve top (cold weather lessons), as no other type/branding of kit is permitted.

### Jewellery rules:

- Students are permitted to wear one pair of plain studs -one stud per ear.
- No other jewellery is permitted (no necklaces/ bracelets/ rings/nose studs/tongue studs and other body piercings are not allowed)
- Smart watches are not permitted
- If jewellery is worn that is not permitted, it will be confiscated and can be collected at the end of the half term from the Head of Year.

### Make-up and Hair

- Any make-up must be discrete and hair must be a natural colour.
- Nail extensions/ gel nails or elongated nails are not allowed; coloured nail varnish is not permitted.
- False eye lashes/ eye lash extensions are not permitted.
- Hair shaved to a "number 0" is not allowed and 'extravagant' styles will be referred to the Year Head.

These expectations for the wearing of uniform apply throughout the school day, including lunchtime.